

INDIAN RELIGION IN THE PRAGMATIC WORLD

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ABSTRACT

There lies a tremendous spiritual energy within us which is dormant at present but waiting to be tapped. There is a need to re-invent ourselves to draw best out of us. True religion helps us to understand the world and ourselves. The world is nothing but a concrete objective projection of one's subjective feelings and thoughts. The development of the inner personality is the path indicated in all scriptures. Religion prescribes certain eternal values of life for man to practice and live up to. Religion enables the faithful only to face life with a greater liveliness that lends a psychological balance and a spiritual poise to the individual. The external world-of-objects remains the same, only the experiences provided by it are different in the different individuals.

So then, if we can control, train, and culture our minds, in a way that they can only react positively to all sets of objects and under all sets of circumstances, then our reactions world all be positive. Happiness and peace is his, who has thus trained his mind to react "positively" to the world outside.

KEYWORDS: Mental Anguish, Harmony and Poise, Self Mastery, Despair Amid Abundance, Meditation and Life